

Jocelyn K Glel

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Jocelyn K Glel

JOCELYN K. GLEI writes about work & creativity. Do you want to find more creativity and meaning in your daily work? Hi-Fi is my new online course. Hi-Fi is a 12-week course that invites you to reconnect with your body, open your heart, and bring your intuition online.

JOCELYN K. GLEI writes about work & creativity.

Jocelyn K. Glel helps people find more creativity and meaning in their daily work. Read more → My Newsletter ...

Articles • Jocelyn K. Glel

by Jocelyn K. Glel (48) \$9.99. A modern, no-nonsense guide to getting rid of email anxiety, reclaiming your productivity, and spending more time on the work that matters. Let's face it: Email is killing our productivity. The average person checks their email 11 times per hour, processes 122 messages a day, and spends 28 percent of their total ...

Are you an author?

Jocelyn K. Glel A writer and the founding editor of 99U, Jocelyn K. Glel is obsessed with how to make great creative work in the Age of Distraction. Her latest book is Unsubscribe: How to Kill Email Anxiety, Avoid Distraction, and Get Real Work Done.

Jocelyn K. Glel Archive - Adobe 99U

Jocelyn K. Glel is obsessed with how we can find more meaning and creativity in our daily work. In search of the answer, she has interviewed hundreds of designers, researchers, and entrepreneurs about how they stay productive and inspired.

HURRY SLOWLY Is a podcast about pacing yourself, hosted by ...

Jocelyn K. Glel is obsessed with how we can find more creativity and meaning in our daily work. She created the online course RESET, a cosmic tune-up for your workday, and hosts Hurry Slowly, a podcast about how you can be more productive, creative, and resilient by slowing down.

Jocelyn K. Glel on Behance

RESET is a four-week course created by Jocelyn K. Glel that shows you how to work in a way that is intentional, energizing, and inspiring. We're on the verge of a burnout epidemic. Almost 50% of Americans say that they are regularly exhausted from work. Technology has taught us to work in a way that's unsustainable.

RESET is a cosmic tune-up for your workday.

Hi-Fi is a 12-week course created by Hurry Slowly host Jocelyn K. Glel that invites you to reconnect with your body, open your heart, and bring your intuition online. We are at a spiritual crossroads — faced with the choice to stay small-minded or open our hearts. The global situation is unprecedented, uncertain, and upsetting.

Hi-Fi Course • Home

The series is edited by Jocelyn K. Glel, Director and Editor-in-Chief of 99U. Jocelyn oversees the 99u.com website—which has won two Webby Awards for "Best Cultural Blog"—and leads the curation and execution of the popular 99U Conference. Prior to joining 99U, Jocelyn was the global managing editor at the online media company Flavorpill.

Manage Your Day-to-Day: Build Your Routine, Find Your ...

Jocelyn K. Glel is a writer who's obsessed with how we can find more creativity and meaning in our daily work. Her latest book, Unsubscribe, is a modern guide to killing email anxiety, avoiding distraction, and getting real work done.

Jocelyn K. Glel (Author of Manage Your Day-to-Day)

Jocelyn K. Glel Editor-in-Chief, 99U A writer and the founding editor of 99U, Jocelyn K. Glel is obsessed with understanding how work gives our lives meaning. She has authored three books about work, creativity, and business, including the Amazon bestsellers Manage Your Day-to-Day and Make Your Mark.

Maximize Your Potential - Adobe 99U

Jocelyn K. Glel is obsessed with how we can find more creativity and meaning in our daily work. She created the online course RESET, a cosmic tune-up for your workday, and hosts Hurry Slowly, a ...

Jocelyn K. Glel - Creator - RESET Course | LinkedIn

Hi-Fi, a new course about tuning into the wisdom of the heart. Hi-Fi is a brand-new, community-driven course created by Hurry Slowly host Jocelyn K. Glel that invites you to come back into the body, open your heart, and turn up the volume on your intuition. Registration is open for a limited time through May 29th. Learn more at hifi-course.com.

Jocelyn K. Glel: Anxiety vs Intuition • Hurry Slowly

We spoke to Jocelyn K. Glel, the curious mind behind the insightful podcast, Hurry Slowly. She was also the founding editor of 99u and creator of their best-selling book series, which includes Manage Your Day-to-Day and Make Your Mark.

Jocelyn K. Glel on Ideation and Being Accountable in Your ...

59 episodes Hurry Slowly is a show about how you can be more productive, creative, and resilient through the simple act of slowing down. Through in-depth interviews with deep thinkers, artists, and entrepreneurs, host Jocelyn K. Glel sparks new ideas for navigating work and life at a more sustainable pace. Learn more at Hurryslowly.co.

Hurry Slowly Jocelyn K. Glel - Apple Podcasts

New York community, we are excited to have Jocelyn K. Glel join us for our next virtual event. Jocelyn is a writer, teacher, and reiki practitioner. She is the host of Hurry Slowly, a podcast about how you can find more calm, comfort, and clarity through the simple act of slowing down.

Jocelyn K. Glel [Virtual] | CreativeMornings/New York

Jocelyn K. Glel quotes Showing 1-30 of 432 "Like it or not, we are constantly forced to juggle tasks and battle unwanted distractions—to truly set ourselves apart, we must learn to be creative amidst chaos." — Jocelyn K. Glel, Manage Your Day-To-Day: Build Your Routine, Find Your Focus, and Sharpen Your Creative Mind 15 likes

Jocelyn K. Glel Quotes (Author of Manage Your Day-to-Day)

As editor-in-chief and director, Jocelyn K. Glel leads the 99U in its mission to provide the "missing curriculum" on making ideas happen.

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Jocelyn K. Glel is the editor in chief of 99U, an organization devoted to giving creatives a grounding in the skills that don't get taught at school, but which are essential for making ideas a reality. In addition, she has edited 99U's previous publications, Manage Your Day-to-Day and Maximize Your Potential.